

7th Grade Overnight Trip to Camp Quinipet on Shelter Island

September 28 - 30, 2016

PACKING LIST

We will be outside, near or on water, most of the day as well as outside in the evening. You need to dress for the weather – wind, cold, heat, sun, etc. It is best to dress in layers and have a wind breaker as your outer layer. Wear outdoor clothes and shoes that can get dirty.

REMEMBER – We are only there for 3 days/2 nights, you can wear some of these clothes more than one day. (Please keep in mind our dress code while packing).

- Sleeping Bag/Sheets for cot – you might want a bottom sheet with a sleeping bag
- Pillow – Optional
- Sleepwear, Underwear and socks
- Towel
- Your own toiletries – travel size soap, toothpaste, shampoo, etc.
- Short sleeve and long sleeve shirts to layer
- At least 1 pair of long pants (if it is going to be rainy and/or cold, then at least 2 pair)
- At least 2 pair of shorts (but not super short shorts, you will not be allowed to do the activities in super short shorts)
- Sweatshirt and/or sweater (if it is going to be rainy and/or cold, then at least 2)
- Wind/rain jacket
- Something that can get wet when kayaking, shoes too
- Sneakers (you can't climb or do the adventure program without them)
- Flip flops for the shower (optional)
- Sunscreen
- Something you want at night in your cabin – book, cards, etc.
- Flashlight
- Insect/tick repellent
- Plastic bag(s) for wet clothing
- Reusable water bottle
- OPTIONAL: Travel Alarm

WHAT TO LEAVE AT HOME

- Jewelry – cannot wear during the activities
- Please leave everything of value at home. We are not liable for the loss of your belongings!!
- Lots of money- you do not need any money on the trip
- Electronic equipment

One Exception – Please bring cell phones if you have one